

Laura Reynolds
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Objective: Highly motivated individual seeking a challenging and rewarding position in the field of counseling

Skills

- 5-7 years supervisory skills
- Experienced in Assessment and Intake
- Experienced in Workshop and PowerPoint presentations
- Experienced in Group and Individual Counseling
- Experienced working with individuals with co-occurring substance abuse
- Experience with computer software- SPSS, Microsoft Word, Office,
- Ability to write and communicate effectively
- Ability to solve problems in a concise and timely manner
- Ability to handle conflict
- Creative/Analytical thinker
- Experienced working with different electronic medical record system (WITS, Credible, Centricity, SMART)

Education

Walden University- PhD in Counseling Psychology, 2009-present

University of Maryland, School of Social Work, Post Graduate Certificate program in Trauma Treatment for Children and Adolescents.2010

District of Columbia, Department of Mental Health -CBI Training 2010

University of Baltimore, Baltimore, Maryland

Postgraduate certificate courses in Business Fundamentals- 2009

Bowie State University, Bowie, Maryland

Certificate in Family Counseling, - 2007

Bowie State University, Bowie, Maryland

M.A. Counseling Psychology- 2006, 3.66 GPA

Bowie State University, Bowie, Maryland

B.S. Psychology - 2003

Mercer County Community College, Trenton, New Jersey

AAS- Community Service Assistant -1979

Work History

6/2017-present, Federal City Recovery Services

- Responsible for providing treatment as a clinical care coordinator in a residential substance abuse treatment for adults diagnosed with co-occurring disorders.

- Provide direct care and clinical care coordination with assessments, medication monitoring, linkage to transitional housing and mental health treatment with client and outside agencies.
- Provide individual and group therapy using motivational interviewing, CBT and person centered therapy with client.
- Provide crisis intervention to clients experiencing psychiatric crisis.

5/2013-5/2017, Diamond Healthcare Corporation/Washington Hospital Center,

Interim Director-1/2017-5/2017

Program Therapist 5/2013- 1/2017

- Responsible for providing direct care to clients through group and individual counseling using CBT, MET, crisis intervention and other therapeutic techniques.
- Assisting clients in the development of treatment plans, maintaining progress notes and discharge summary.
- Processing intakes, assessments and diagnosis of incoming clients using DSM –V
- Prepare monthly billing reports for BOP and USPO contractors.
- Supervision with clinical staff, according to DBH, BOP, USPO guidelines
- Assisted in Audits with JACHO, BOP and USPO
- Responsible for maintaining and implementing statement of work standards and guidelines for contractors (Bureau of Prison, United States Probation Office,)
- Collaboration with contractors and other outside agencies

7/2012- 5/13, Community Action Group outpatient substance abuse treatment program (CAG)- Clinical Manager

- Responsible for the oversight, and implementation of policy and procedures for outpatient substance abuse program.
- Development of structured evidence based curriculum for outpatient and IOP programs according to APRA guidelines.
- Writing proposal for APRA certification and assist in audit for re-certification for APRA and CSOSA programs.
- Responsible to complete intakes and assessments. Process referrals, schedule appointments for admission
- Counseling APRA and pre-trial clients from CSOSA substance abuse and mental health disorders.
- Review and release of therapist notes through WITS system

- Attend and participate in monthly meetings at APRA
- Management of staff PTO and payroll

8/2012-2/15 Maryland Family Resources Inc.

Children and Family Therapist –Independent contractor counseling children, families and adults with mental health and behavioral problems. Responsibilities included:

- Individual counseling
- Writing progress notes, treatment plans, discharge summaries and collaboration with outside agencies, parents and foster parents.
- Attending treatment team meetings under the direction of the Clinical Director and psychiatrist
- Processing referrals to and from outside agencies

3/2011-9/2012, Healthy Image Counseling Services (Private Practice)

Responsibilities consist of:

- Worked in private practice counseling clients with mental health, behavioral and substance abuse issues
- Worked with adults, children and family, providing Individual, and family counseling
- Responsible for assessments, intakes, writing treatment plans, progress notes.

4/2011- 7/2012, Prince George's County Health Department (Cheverly Addiction Treatment Program).

Substance Abuse/Mental Health Counselor

Responsibilities consist of:

- Working with clients with mental health and co-occurring disorders
- Working with adult clients on medically managed methadone, suboxene, and other substance abuse problems (marijuana, PCP, cocaine, benzodiazepines, etc.)
- Assessments and intakes, writing treatment plans, progress notes and discharge planning.
- Individual counseling and facilitating group therapy using evidenced based practices
- Urine collection and recording of results for probation officers

2008- 2/2011, Catholic Charities Washington DC
Clinical Manager – Anchor Mental Health

I worked as a Clinical Manager with Adult and Family Services at Anchor mental health with clients with mental health and co-occurring disorders. Responsibilities included:

- Oversight and Supervision of Community Support workers.
- Assessments and counseling clients with mental health and co-occurring disorders
- Review of daily notes, individual recovery plans, progress notes, and treatment plans

- within computer program.
- Collaboration with outside agencies to ensure client stability in the community (DBH, St. Elizabeth, SRO's.)
- Management of staff PTO and payroll

Clinical Manager –CHAMPS – Children and adolescents mobile psychiatric services.

Responsibilities included: working with a mobile crisis team, with children and adolescents who were experiencing behavioral and psychiatric crisis.

- Direct Supervision of Staff
- Coordinate workload of staff to include staffing of caseloads
- Collaboration with outside agencies (DMH, CFSA, group homes, local hospitals, DC and PG county school systems, parents and foster parents) concerning stabilization and care of the child
- Review of progress notes and treatment of staff to ensure they met DMH standards for documentation and billing.
- Assessment and Diagnosis of children in relation to “Diagnostic and Statistical Manual”
- Process referrals, appointments, admission and program plans for Screening and responding to crisis calls
- Management of staff PTO and payroll
- Crisis intervention- (De-escalate and stabilize crisis) Counseling children and adolescents with psychiatric and behavioral issues. FD-12 clients to hospitals in DC and MD

2007-2009, Safe Passages, Maryland Treatment Centers Inc., Cheverly, Md.

Experience working with adjudicated adolescents with behavioral and substance abuse issues, responsibilities consist of:

- Individual counseling , family counseling and group counseling
- Intakes and assessments
- Treatment planning, progress notes and interventions
- Status reports of clients to probation officers and courts in PG County, MD.
- Urine collection and recording of results for probation officers

2002-2011, Bowie State University, Bowie, Md.,

Position as a counselor in a university setting. Responsibilities consist of:

- Freshman interviews and counseling with incoming freshman's to help ensure success of completing college
- Intakes and assessments of student population
- Interviews
- Individual counseling Groups Career Counseling and developing and workshop development programs

- Assisted Director with finding grants applicable to counseling curriculum

Licensure – Maryland- LC3124- Expiration date – 1/31/2019, District of Columbia-LPC, PRC14050, Expiration date -12/31/2018